STONEHAM CHAMBER OF COMMERCE

## health + wellness fair

Move a little more | Eat a little better | Stress a little less



## SATURDAY, APRIL 6, 11AM-2PM STONEHAM TOWN HALL

Come and join us at the 14th Annual Health & Wellness Fair and learn how you can move a little more, eat a little better and stress a little less. This event is free and open to the public, featuring local health and wellness experts, screenings, samples, raffles, prizes, giveaways, and more. Enjoy games and creative activities all day, along with complimentary face painting and balloon art.

Learn more or register using the QR Code or at stonehamchamber.org/health-wellness-fair/register.









